

Education key to development

Three scholarship recipients explain their work

Ngāti Kahungunu Iwi Incorporated acknowledges that education is the key to personal, whānau, hapū and iwi development.

Last year the organisation supported 99 students with an education scholarship. We have provided a brief report from our three research scholarship recipients that may inspire and motivate other students looking to further their education.

Crystal Rose Walsh is from Heretaunga and is studying at Victoria University toward her masters of educational psychology.

She has recently completed her research report on parents' perceptions of the Early Start Denver Model (ESDM) group parent coaching programme in Aotearoa for children with autism. Due to Covid-19, the results were not all that her team had hoped but Victoria University is carrying on the study into this year. She was pleased to receive high marks for her report. She is presently placed in Napier for her internship through the Ministry of Education as an intern psychologist for 2021 and is eager to improve the wellbeing of our tamariki and rangatahi here in Hawke's Bay.

Parekura Rohe-Belmont is from Wairoa and is studying at Te Whare Wānanga o Awanuiārangī toward her masters in Māori studies. Respectively Parekura sent her report all in te reo Māori, which has been translated for our readers.

Ahakoia te tau kātahi anō ka hōri ake me ōna tini āhuatanga katoa i pā mai ki tātau, huri noa i te ao me ō tātau mate hūhua i roto tonu i tō tātau iwi, ka huri anō te tau. Koutou rā ki a koutou e ngā mate, haere. Tātau rā te kanohi ora, kia ora mai rā tātau katoa e te iwi.



We faced innumerable challenges last year both globally and domestically. We mourn our losses.

We faced innumerable challenges last year both globally and domestically. We mourn our losses.

Ko taku tuhingaroa, ko tōna ingoa 'Ko te reo o Te Rauhina hai kura kōrero mō ngā whakareanga'. He kōrero e pā ana ki ngā walata i tītoa i te wā ka whakatuwheranga tō mātau wharemūi i te tau 1984. Ka rapa kōrero mō ngā pakeke nā rātau nei ngā walata i tīto me te reo o roto, me te āhua hoki o ngā tītonga i ērā rā.

My thesis is titled "The voice of

Te Rauhina, a legacy for future generations'. It is based around songs that were composed for the opening of our meeting house in 1984. The composers of those songs were researched, along with their lyrical style at the time.

Me kore ake ko taku wāhi mahi o Te Aho a Māui, Te Whatukura, Te Ūranga Waka, aku pāhi, aku hoamahi. Me kore ake hoki taku kāinga o Te Wairoa, aku hapū, taku marae, taku whānau te whakatikatika i te wā o te kōtiti, te whakaora mai anō i te wā o te ngoikore kia iu, kia ita, kia mau tonu. E mihi ana.

I am indebted to my respective workplaces, Te Aho a Māui, Te Whatukura, Te Ūranga Waka, my managers and colleagues. I am also grateful for the support of my people of Te Wairoa, including my marae and my whānau who helped keep me on track to complete my research. Thank you.

E mihi ana hoki ki Te Whare Wānanga o Awanuiārangī, aku kaiwhakaako, aku hoa ākongā hoki. Nā ngā momo huarahi ako

From left, Parekura Rohe-Belmont, Dr Te Aro Rawiri Moxon, Crystal Rose Walsh.

katoa mātau i kuhu. Nō tērā marama ka tukuna atu taku tuhingaroa ki taku kaiārahi (supervisor). Kai a ia i te wā nei, ko te mahi i tēnei wā, he inoi, he whanga, he tatari kia whakahokia mai he kōrero.

I also wish to thank Te Whare Wānanga o Awanuiārangī, my tutors and fellow students. Last month I submitted my thesis to my supervisor. It is still being marked, meanwhile I pray and wait for the results.

Dr Te Aro Rawiri Moxon is from Wairoa and is doing his research studies at the University of Oxford toward a master of science in global health science and epidemiology.

In October last year, Dr Te Aro Moxon arrived at Oxford University to start studies which focus on both infectious and non-infectious diseases among worldwide populations, and how these diseases can be addressed. His studies abroad has given him a global perspective that he can bring back to Aotearoa in his work in child health, an area he is



specialising in. He plans to be in Aotearoa working in paediatrics in the long term and this step outside is a good opportunity to learn from some of the global experts and work towards reducing health inequities for our whānau here in Aotearoa.

The 2021 Ngāti Kahungunu Iwi Incorporated Scholarship round will open on February 5 and will close May 10. We urge all Kahungunu tertiary taura studying fulltime in their third to final year of degree or doing postgraduate studies to apply. Go to our website for more information kahungunu.iwi.nz/scholarships-internships.

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Whānau the why behind her efforts

Ruth Wong puts some questions to community and business leaders. This week it is Brenda Ferguson

I am the middle child (the favourite child Lol) of Grant and Noli Ferguson. I have an older brother, Ross, and a younger sister, Julz.

My partner Darrin and I have been together for almost 37 years and we have three beautiful sons Jerome (Rocky), Johnny and Ryan, two beautiful daughter-in-laws, Sinead and Justine, and four beautiful mokos, Leah, Charlie, Mila and Hudson. I have two beautiful nieces, Krystal and Teilah, and two beautiful nephews, Jakey and Trey. I love how our whānau is extending with the next generations. We are very close and are always doing things together.

Who influenced me and why?

My whānau is "My Why". My mumma has been the biggest influence in my life. She has been a hard worker all her life. My mumma epitomises the kupu "Aroha". She is kind hearted, loving, giving and has the most infectious loud laugh and is always smiling. Growing up Mum would always tell us "if anyone hits you, hit them back", needless to say I ended up in the principal's office a few times, ha ha ha.

I have been blessed to come from a long line of strong wahine on both sides of the family. My

father's mother Nana Ruby Ferguson was left a widow at a young age in the 1950s to raise four boys. My mum's mother Nana Rawinia Taukamo raised 11 children, moving around on crutches having had a leg amputated due to a sporting accident. These are true Mana Wahine.

Who are your heroes?

Real heroes do not wear caps. I wholeheartedly know that my brothers and sisters at Hawke's Bay Regional Prison and every other prison are the real heroes. To go inside the wire day in, day out, risking their lives to keep our communities safe is an often thankless job and it's not a profession that many could do.

Tell us a little about your journey?

I am in my 16th year as a Corrections officer at Hawke's Bay Regional Prison but as of last week I have taken a 12 month sabbatical leave to heal completely after undergoing a triple heart bypass operation during level 4 lockdown. Whilst on my recovery journey I decided that things happen for a reason and life is too short to have regrets. So I surrounded myself with people on the same path as myself in the Kurawaka



Brenda Ferguson's whānau is very close.

programme mentored by two beautiful wahine, Theresa O'Brien and Sally Crown from Tipu Ake Tonu. Without their guidance to "stretch outside the box" I would not be where I am today. I've moved from the concept of

Manaaki Ora Events to officially launching on January 28.

What's your passion?

My passion is organising special events and helping whānau so I am excited about

PEPEHA

Ko Otatara me Hikurangi nga Maunga
Ko Tutaekuirī Te Awa
Ko Ngāti Kahungunu Te Iwi
Ko Ngāti Paarau Te Hapū
Ko Waiohiki Te Marae
Ko Tareha Te Moananui Te Rangatira
Ko Rawinia Tareha me Tame Taukamo raua ko Colin Ferguson me Ruby De Silva toku matua Ti Puna
Ko Grant Ferguson Tokū Papa
Ko Noli Taukamo Tokū Mama
Ko Brenda Ferguson ahau

launching Manaaki Ora Events-MOE.

The vision for MOE is to have a one stop hub where whānau can get assistance with the pre-planning, organising, execution and after care of tangihanga.

The purpose of MOE is to educate and empower whānau of the options available. By being prepared with savings, funeral or life insurance, having a will, and documenting your final wishes with whānau engagement so there are no surprises at the inevitable time. MOE wants to take the stress away from whānau so you can spend all your precious time with your loved ones.

What's some advice to give whānau?

Having an independent planner at your side will help to make better decisions. Decisions not based on grief but based on informed choices to avoid the emotional over spend.

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New business founder overwhelmed by support



Brenda Ferguson attended a 12-week mentoring course.

Brenda Ferguson is the managing director of Manaaki Ora Events (MOE), a new business concept that grew over time since the passing of her father in 2016.

"We were not prepared, but Dad was," says Brenda. "He had a little insurance policy that took the financial stress away from our whānau and allowed us to spend precious time together without any stress."

The vision for MOE is to have a one stop hub where whānau can get assistance with the pre-planning, organising, execution and aftercare of tangihanga.

"We celebrate our birthday, christening, wedding and anniversaries so now I want to give everyone the best farewell party ever," says Brenda.

"There's nothing wrong with being prepared and organised for these occasions. Losing someone can be very difficult and it's nice to have someone to hold your hand and walk you through a plan of action that is suitable for your whānau needs."

Losing someone can be very difficult and it's nice to have someone to hold your hand.

In August last year, Brenda was invited to present her business concept at the Māori Economic Summit 2020 Conference hosted by Te Taiwhenua o Heretaunga.

Small Māori enterprises were able to connect and highlight their business in a 'Dragons Den' style setting and received constructive advice from the judges.

Brenda also attended a 12-week mentoring course facilitated by Tipu Ake Tonu directors and business entrepreneurs Theresa O'Brien and Sally Crown. She was offered business start-up support, ideas for business growth, cultural capability, and introduced to other supportive networks to help her business thrive.

This week Brenda will launch Manaaki Ora Events. She is overwhelmed with the support as she embarks this new year on sabbatical leave from her day job to take care of herself and build business.

To find out more about MOE Manaaki Ora Events go to <https://www.manaakioraevents.nz/>

The following is an extract from the Nov/Dec 2020 issue of NZ Life & Leisure. Penned by Amokura Panoho.

From upstart 'Mozzie' to te reo champion

How Jeremy Tātere MacLeod went from being a second-language learner to te reo Māori champion

At a time when many young Māori were heading to Australia, Brisbane-born and raised Jeremy Tātere MacLeod bucked the trend by moving to Hastings to immerse himself in Māori culture.

Sixteen years later, at 33, he is recognised as a tribal champion for te reo Māori.

■ What is your current role?

I am the director of te reo, tikanga (customs) and mātauranga (knowledge) for Ngāti Kahungunu Iwi Incorporated.

I was offered the role only six years into my language journey, so the chief executive at that time, Meka Whaitiri, and the chairman Ngāhiwi Tomoana took a massive leap of faith in appointing me.

I went from being a Māori language student at the Eastern Institute of Technology in Napier during the day and working in an apple-pack house at night, to being in the driver's seat of an iwi (tribe) that has the third-largest Māori population and second-largest domain.

It was a huge investment to make in a 24-year-old; unheard of in tribal circles at the time.

When the euphoria wore off, I realised that sometimes less is better; it's better not to try to do everything.

For our iwi, it meant investing in larger initiatives rather than lots of programmes.

In 2012, we launched our 15-year Kahungunu, Kia Eke! Māori language strategy, focusing on our people, resources and knowledge.

Three years later, we became the first iwi to host the Language Revitalisation Symposium with te reo Māori champions, sharing their trials and tribulations and innovative methods for language retention.

Last year, we hosted an array of well-known personalities from across Māoridom who have had successful careers as native speakers or second-language speakers.

More than 1000 people attended the two-day event.

The measure of our success to date was being presented with the Iwi Award by Te Taura Whiri i Te Reo (the Māori Language Commission) at Ngā Tohu Reo Māori 2019.

■ Who and what were the most formative influences in your life?

My parents Ken (Te Arawa) and Ruma (Ngāti Kahungunu and Rangitāne) met in the Gold Coast in the 1970s, after following their older siblings over to Australia.

They were disconnected from our culture and brought my two sisters and me up in Brisbane, oblivious of anything Māori.

In 1994, when my mother's brother died and we attended his tangi (funeral). I remember looking at photos placed at the feet of the casket wondering who those people were.

This curiosity was further fuelled by my father's relatives, Tuiti and Josie Walker, who were steeped in their tribal knowledge.

For the first time, during their visit, I heard our language.

So after leaving high school, I took a leap of faith, moving to Hastings to live with my maternal grandmother Ruma McDonald.

The date – February 16, 2004 – is etched on my memory as the day I embarked on my language journey by enrolling in a te reo foundation course at the Eastern Institute of Technology in Napier.

I was incredibly fortunate and blessed that Parekura Rohe, my first teacher, saw potential and introduced me to my mentor, the late Materoa Haenga from Ngāti Porou.

She and other tutors guided me so that five years later I was invited to go into Te Panekiretanga o te Reo Māori, the Institute of Excellence in Māori Language.

This is the pre-eminent advanced Māori language academic course for adult students across the country.

There I came under the tutelage of three esteemed kaumātua, Dr Sir Timoti Kāretu, Dr Pou Temara and the late professor Te Wharehuia Milroy.

My wife Te Rina (Ngāti Kahungunu) is also my collaborator. With our two sons in tow, Te Uaki, 11, and Te Maurutanga, 6, we have opened two kōhanga reo (a kindergarten teaching preschoolers in Māori) as we wanted to build a movement that created jobs while being immersed in te reo.

Our son's name, Maurutanga, is not a tipuna (ancestor) name like his brother's.

Instead, we created it, as the word "mauru" means the appeasing of pain – given his birth brought a ray of light into a very dark time with the death of my father 10 months earlier.

■ What does the call for leadership mean to you?

Through generations, the fire (language) had been extinguished within the branches of my mother's family.

When I first landed in their community, I had to earn my stripes at Waimārama Marae in Hastings, where my namesake and paternal grandfather and now mother are buried.

I feel very privileged that I learnt by doing.

Rather than ignoring me as this upstart "Mozzie" (Australian Māori) who repeatedly questioned, mimicked and made mistakes, my mother's people nurtured me into leadership roles.

There were times when I was growled at, but the ground had been set back in 1975 when Ngāti Kahungunu held a summit with rangatira (tribal leaders) from Māhia to Pōrangahau.

They decided the tuakana teina (elder/younger) tikanga (protocol) was not applicable anymore, so now our iwi philosophy is "who can, who will" not "who should".

Sometimes wisdom – as opposed to language expertise – is important as there are kaumātua who remain repositories of knowledge and we balance the pride of the tribe with a strong, powerful speaker while also upholding the mana (dignity) of our kaumātua.

Although these roles can be daunting, I have learnt the



Jeremy Tātere MacLeod recognised as a tribal champion for te reo Māori.

Photo /Florence Charvin

I don't believe treaty settlements should be applied to language revitalisation when it was the Crown that took away the language.

importance of being resilient, kanohi kitea (being seen, being present) and the concept of whanaungatanga (kinship).

All of these are important aspects of the doctoral research I am doing under the supervision of Dr Rangī Matāmua on tribal dialectal differences.

■ What are the goals for your people?

Contrary to popular belief, iwi do not have a lot of money, and I don't believe Treaty settlements should be applied to language revitalisation when it was the Crown that took away the language in the first instance, putting it at risk.

Instead, iwi need to lead and invest in language champions – to ensure they remain inspired. They are the kind of foot soldiers prepared to take three days' leave to sit on the paepae (orator's bench) when a family without any cultural capability returns to the marae.

The ultimate survival of our language hinges on our ability to create critical mass – where we are surrounded by people speaking and hearing te reo.

That's why I think our culture – our tikanga – has to evolve in terms of the role of younger men and women speakers on our paepae and why I applaud non-Māori learning and speaking te reo.

PEPEHA

Ko Te Whanganui-a-Tara me Tapuae-o-Uenuku ngā maunga,
Ko Waingōngoro me Wairau ngā awa,
Ko Tākitimu me Kurahaupō ngā waka,
Ko Ngāti Kahungunu me Rangitāne ngā iwi,
Ko Ngāti Kurukuru me Ngāti Huataki ngā hapū,
Ko Waimārama me Tuamātene ngā marae.
Te Whanganui-a-Tara and Tapuae-o-Uenuku are my mountains,
Waingōngoro and Wairau my rivers,
Tākitimu and Kurahaupō my canoes,
Ngāti Kahungunu and Rangitāne my tribes,
Ngāti Kurukuru and Ngāti Huataki my sub-tribes,
Waimārama and Tuamātene are my marae.

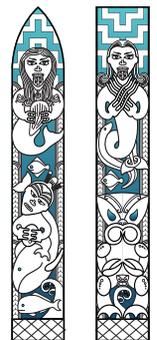
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Marine Cultural Health Programme

A partnership between mana whenua hapū and Napier Port to ensure the cultural and ecological health of the Ahuriri marine environment is protected.

At the core of this exciting and innovative monitoring programme are two Pou – Mana Tangata and Mana Moana. Surveys and extensive monitoring will provide a greater understanding of the health of these two Pou.

A new interactive website for the programme with interviews, maps and monitoring information is coming soon: www.marineculturalhealth.co.nz



Deserving of Queen's Service Medals

In their 80s – charitable trust stalwarts

Ngāti Kahungunu Iwi Incorporated Board member Owen Lasalo Purcell and wife Hokikau (Hoki) Purcell were recognised in the New Year Honours List with Queen's Service Medals (QSM) for services to seniors and Māori.

This is a wonderful acknowledgement for this couple who have dedicated their lives to the betterment of their communities during their lifetime together.

Both now in their late 80s, the couple are still very involved with Rauawaawa Kaumātua Charitable Trust which was set up in 1997 soon after the couple moved from Hawke's Bay to Hamilton where they still reside.

Both Owen and Hoki are founding members of the trust

and Owen has been the chairman since 2012.

The trust, which serves the needs of kaumātua within Kirikiriroa, provides a range of health, social and community-based activities and services for kaumātua.

Owen and Hoki join Owen's brothers, Solomon (Sole) and John Purcell who are past recipients of this honourable acknowledgement. Sole was acknowledged in 2009 for services to martial arts.

He was the team manager for a number of World Kyokushin Tournaments, and chairman of the New Zealand Kyokushin Blackbelts.

At the time he was the New Zealand Branch chief and country representative of the New Zealand International Karate



Hokikau and Owen Purcell have been awarded for service to the community.

Organisation Kyokushin-Kaikau Matsushima.

In 2018 John was awarded the RNZSA Gold Star and Bar which is the top order for RSA members. At the time he had been the President of the Napier RSA for 14 years.

He was crucial in ensuring war pensions were made available for ex-servicemen as well as their widows.

At that time of his recognition, he was in his 50th year as a member of the RSA, having joined when he left the Royal New Zealand Navy in 1968.

He was nominated by the Napier and National RSA Executive appreciative of John's unselfish dedication to the ex-service community.

QSM award recipients Sole, John, Owen and Hoki are a credit to their parents and families.

This kind of award, although a highly acknowledged recognition has been received with honour.

No garden space? Use your pots and pans for planting seedlings

Hanui Lawrence

So you have no more space at home?

Another year of anticipation, of excitement of que sera sera, what will be will be, and yet we need to be vigilant within our own families, watching and being consistent with our health and hygiene.

It might be a good time to fill our cupboards with extra food to tide us over if we are forced into another lockdown.

Plant some vegetables in pots or pans, buckets or bowls. You'll be amazed and delighted at seeing lettuces, herbs, potatoes, even some brassicas, carrots, beets or peas, growing in colourful utensils along your pathways or on your decks, plucking a few leaves here and there for your evening meals. It beats going to the

AUNTY'S GARDEN

supermarket and paying exorbitant prices for vegetables not so fresh that have come out of the chillers and dressed down or up to keep an appearance. Try it! Do try it! Otherwise, Aunty's Garden has an abundance of most things generously shared with bees, birds and butterflies, yet full of flavours.



Aunty's pasta salad

Our recipe for this month is a pasta salad:

INGREDIENTS
500g of pasta (spiral, you select)
3 flowering broccoli
½ cup of fresh peas
¾ cup of grated cheese or ¼ cup of feta, cubed
2 med tomatoes (remove seeds)
½ avocado
1 small pot of plain yoghurt
¼ cup of cream

½ cup of your choice of mayonnaise

METHOD:
Cook pasta.
Slice broccoli, tomatoes and peas. Mix all above in a bowl. In a separate bowl mix yoghurt, cream and mayonnaise. Thicken, then add to the pasta. Optional: Add a handful of (salted peanuts) garnishes with avocado and mix all together.



Te Kura Kaupapa Māori o Te Wānanga Whare Tapere o Takitimu
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tari@wharetapere.school.nz
Akongā: 145 | Tau 1 - 13 | Kaimahi: 26
Tumuaki: Fleur Wainohu

In October, the Kura whānau celebrated its 25th Anniversary. Held over a series of three days alongside local Kaumatua, Kohanga Reo, Ngāti Kahungunu Iwi Incorporation, the Hastings Mayor and contributions from local MP Meka Whaitiri. It was an opportunity to reflect and give thanks for all that the Kura has achieved thus far in its journey.

The Kura was born out of the need for Te Kohanga Reo o Te Wānanga Whare Tapere graduates to continue their immersion Māori education. Data showed, graduates enrolled into mainstream schools, lost their reo within the first 6 weeks. Te Kura Kaupapa Māori o Te Wānanga Whare Tapere o Takitimu was the first Ministry of Education recognised establishment for both the Hastings and Napier area. With an initial 12 students enrolled in that first year of delivery, the Kura continues to grow and develop to meet the needs of all immersion Māori students and their whānau.

Currently with a student roll of 145 spread over two sites, the Kura is excited about relocating to a designated site on Bennett Rd, Hastings where a new build is about to take place which will cater for up to 600 students aged 8 weeks old through to 55+.

Interweaved in this dynamic development is Te Kohanga Reo o Te Wānanga Whare Tapere o Takitimu and Te Wānanga Whare Tapere o Takitimu (Est 1983), the initiator and tertiary sector of this seamless educational pathway. These entities combined, cater for lifelong learning. Mai te kopu o te whaea ki te kopu o te whenua. This year we give thanks for our loved ones and acknowledge those who passed. He mihi aroha ki a koutou te whānau whānau e.




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Pou Whakaterere team hosted at marae

Team of 30 visit to widen their knowledge

Rahui Eruera

Last week, the newly formed team of the Pou Whakaterere, Deputy Secretary Māori for the Ministry of Justice, hosted a wānanga at Waimārama marae from January 20 to 23.

Marcus Akuhata-Brown, newly appointed Pou Whakaterere, brought his new team of around 30 to Hawke's Bay, to widen their knowledge and experience as a way of building their capability to understand the magnificent job they have to improve outcomes for whānau Māori.

Marcus is an astounding Māori leader who comes from Te Whānau o Tuwhakairiora of Te Araroa on the East Cape, Ngai Tahu, Ngāti Kahungunu, Te Aitanga a Mahaki, Rongowhakaata and Ngāti Paoa. Marcus is a qualified teacher and has led a number of innovative alternative education programmes addressing the learning needs of youth at risk and young offenders.

Navigation, vision, direction and leadership, apparent in the title of Te Pou Whakaterere, inspired the idea of engaging with communities and exploring traditional Māori navigation systems.

Ngāti Kahungunu Iwi



Incorporated chairman Ngahiwi Tomoana generously shared kōrero about sites of significance for Ngāti Kahungunu including a visit to the iwi office.

Pou Whakaterere, Deputy Secretary Māori for the Ministry of Justice, hosted a wānanga at Waimārama marae

The group visited the Ātea ā Rangi star compass on Marine

Parade in Napier, and sailed aboard Te Waka Hourua Te

Matau ā Māui' which inspired their vision for the mahi ahead.

Rahui Eruera is advisor, Ministry of Justice



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TE KAUNIHĒRA A-ROHE O TE MATAU-A-MĀUI

Julian on the path to a nursing career

From sport and recreation degree to a new choice

Julian Kairau (Ngāpuhi) is one of the few male bachelor of nursing students at EIT. How the 27-year-old got into nursing was not the typical route you would expect.

Growing up, Julian loved all sorts of sports, including kickboxing, weight lifting, and rugby. So, it was not surprising that he was determined in his decision to pursue his education in this field.

"I was sure that it would be a fun career – coaching people while staying healthy and in shape, and getting paid for it."

So he completed the diploma and bachelor's degree in Sport and Recreation at EIT.

After his graduation he landed a job as fulltime fitness instructor at the Pettigrew Green Arena gym.

"I really liked it and I enjoyed helping people achieve their fitness goals."

However, as Julian got older he felt like he needed a new challenge. At the gym he got talking with some nursing students and liked what they were telling him about their studies and career goals. Julian also had deep conversations with his older brother, who studies law and who tried to talk him into a law career, but Julian had already made up his mind. Nursing was



Bachelor of nursing student Julian Kairau is a man of many talents and interests.

his calling.

Four years after his first graduation, he returned to EIT and now, two years into the degree, he is still as enthusiastic as he was when he started.

"I still have this passion for helping others but I also like the fact that there are so many different nursing avenues that I can pursue."

Julian says that his learning approach has changed over the years. "As a first-time student I just wanted to pass my papers, I was probably too chilled and actually took quite a while to finish my diploma."

Now Julian is much more focused and determined to be a better student. Although he could have cross credited his anatomy

and physiology papers, he decided to do them all over again to consolidate his knowledge.

As well as his study, he also has a variety of part-time jobs. He kept working at the PGA gym, runs staff fitness courses at Unison, and works as a healthcare assistant in a rest home, which introduced him to some of the physical aspects of nursing.

While Julian's goal is to become a registered nurse, he is not sure about the area he wants to get into. Luckily for him, a nursing career is varied with many different employment options and areas of specialisation. "I just take it as it comes. My dream would be to work as a nurse while staying involved in sports."

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